

# NBI International Colorectal Endoscopic (NICE)



## What is Narrow Band Imaging International Colorectal Endoscopy Classification System (NICE)

**NBI International Colorectal Endoscopy (NICE)** 



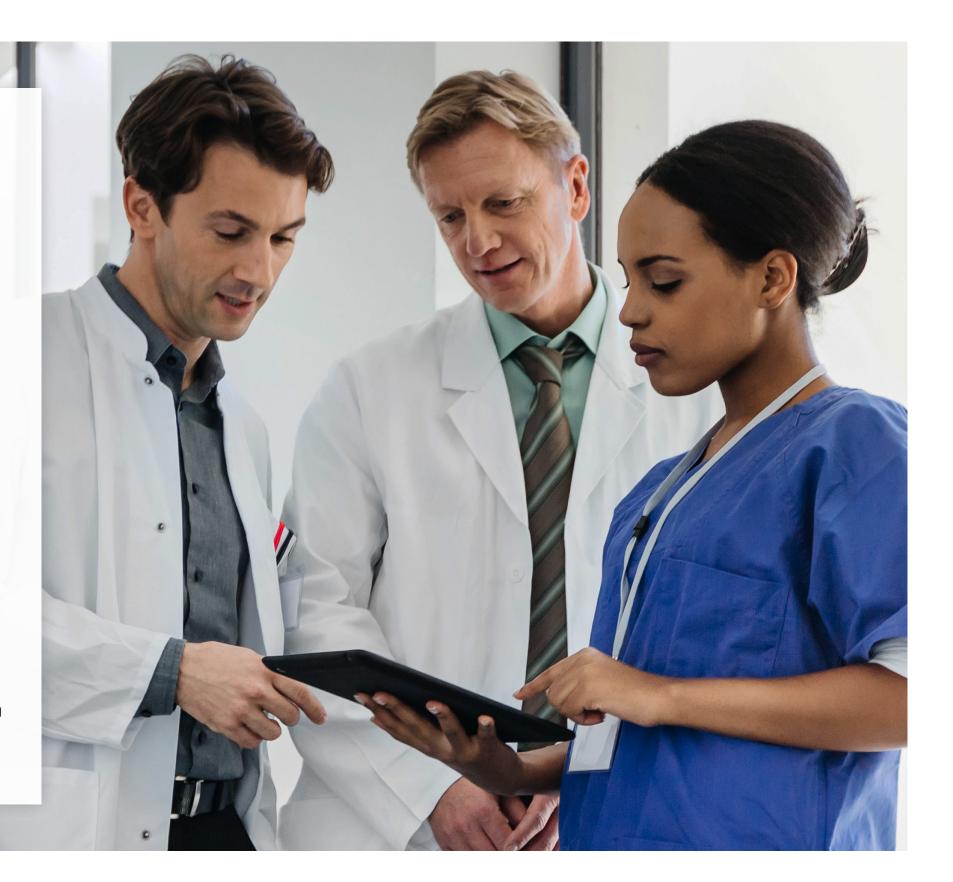
- Olympus sponsored the formation of the Colon Tumor NBI Interest Group (CTNIG), an international group of expert physicians, to develop criteria from NBI observation for tissue assessment
- The NBI International Colorectal Endoscopic (NICE) classification system was created and published by CTNIG
- The intent behind NICE is to create a simple and easy to apply framework for colon polyp characterization by Western doctors
- NICE sets out a validated classification system to allow for consistent classification of colorectal polyps with standard non-magnifying endoscopes

#### A Brief History of Narrow Band Imaging

**2009** – Olympus convenes the first Colon Tumor BNI Interest Group (CTNIG) meeting with international expert physicians to establish endoscopic assessment criteria for colon polyps.

**2012** – Members of CTNIG publish their work on the creation and validation of the NBI International Colorectal Endoscopic (NICE) classification for differentiation of small and diminutive colorectal polyps. NICE classification is meant to enable assessment of colorectal polyps with standard non-magnifying endoscopes commonly used in Western countries.

NBI is not intended to replace histopathological sampling as a means of diagnosis.



## How & Why is NICE Applied in the Clinical Setting

**NBI International Colorectal Endoscopy (NICE)** 





# NICE Applied in the Clinical Setting

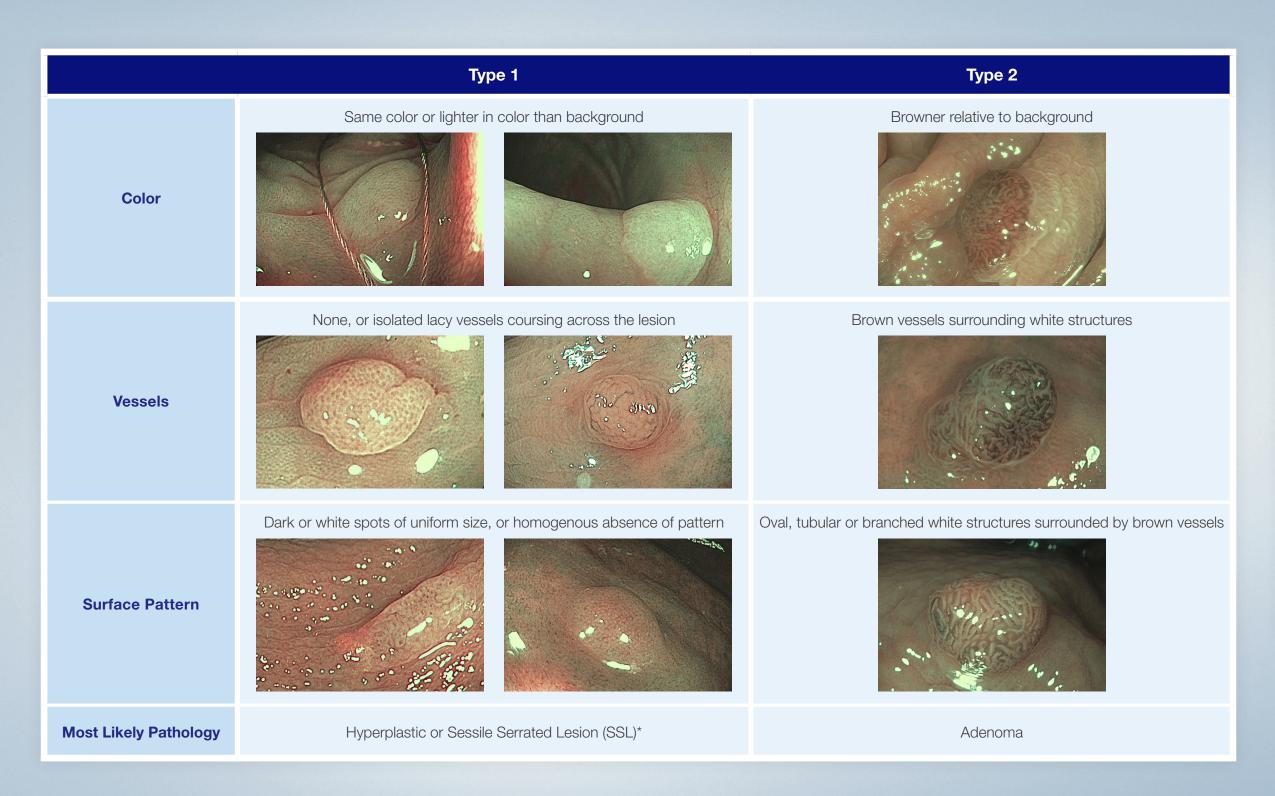
- 1. During a typical screening colonoscopy, the colon is inspected with white light.
- 2. After a polyp is detected, NBI is activated by the endoscopist to enhance visualization of the capillary network and mucosal morphology.
- 3. Through close inspection and application of the NICE classification criteria an experienced endoscopist can make a prediction of the polyp's histology as either Type 1 (non-adenoma) or Type 2 (adenoma).
- 4. The enables endoscopists to have high confidence in suspected polyp histology before it goes to pathology.

#### **ASGE PIVI Thresholds**

- The ASGE have shown that NBI meets the performance thresholds set out within their 2011 PIVI for this technology to be used to guide the decision to leave suspected rectosigmoid hyperplastic polyps 5 mm or smaller in place (without resection) and for colorectal polyps 5 mm or smaller to be resected and discarded without pathologic assessment.<sup>1</sup>
- ASGE encourages and supports the appropriate use of technologies that meet its established PIVI thresholds.<sup>2</sup>

NBI is not intended to replace histopathological sampling as a means of diagnosis.

#### **NBI International Colorectal Endoscopy (NICE)**





# The NICE classification uses 3 criteria

- Color
- Vessels
- Surface Pattern

To classify small (<10mm) and diminutive (≤5mm) colorectal polyps into 2 categories

- · Type 1 Hyperplastic or
- Sessile Serrated Polyp
- · Type 2 Adenoma

#### Notes:

- NBI is not intended to replace pathology as a means of diagnosis.
  - All Images were taken using NBI.
- Chart has been created for illustrative purposes only and all assessments were made by experts.

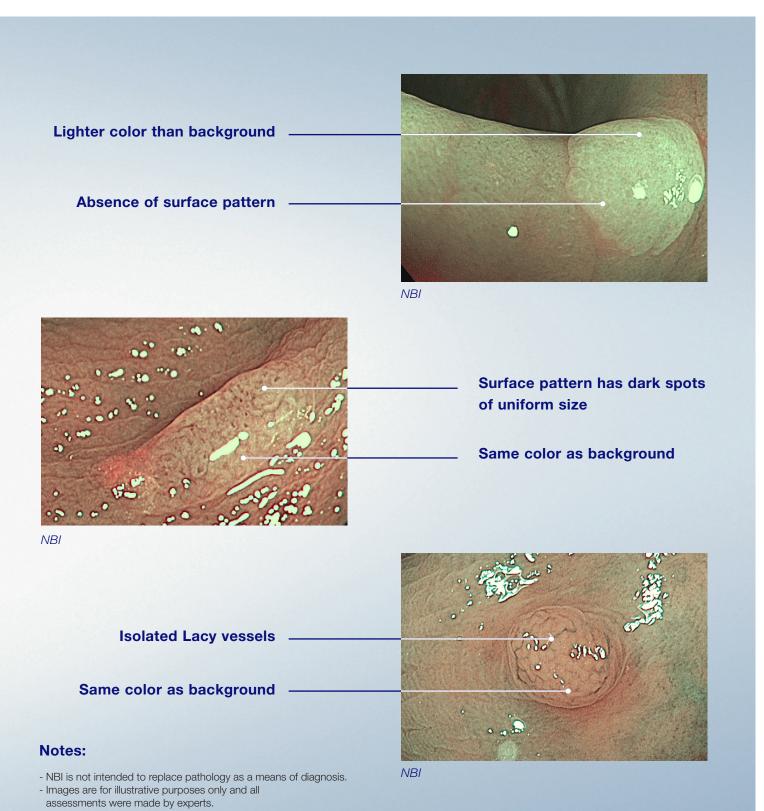
## **NBI International Colorectal Endoscopy (NICE)**

| Type 1                   |   |
|--------------------------|---|
| Color                    | Same color or lighter in color than background                        |
| Vessels                  | None, or isolated lacy vessels coursing across the lesion             |
| Surface<br>Pattern       | Dark or white spots of uniform size, or homogenous absence of pattern |
| Most Likely<br>Pathology | Hyperplastic or Sessile Serrated Lesion (SSL)*                        |





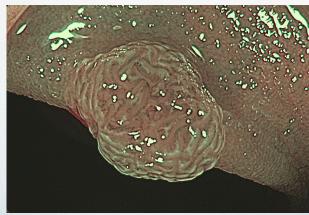
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## **NBI International Colorectal Endoscopy (NICE)**

| Type 2                   |  |
|--------------------------|--|
| Color                    | Browner relative to background   |
| Vessels                  | Brown vessels surrounding white structures                             |
| Surface<br>Pattern       | Oval, tubular or branched white structures surrounded by brown vessels |
| Most Likely<br>Pathology | Adenoma  |



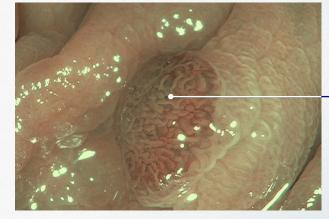


Brown vessels surrounding white structures

Browner relative to background



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Browner relative to background

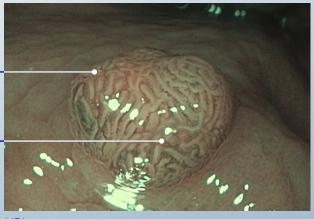
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Browner relative to background

Tubular surface pattern

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### **References**

- 1. Gastrointest Endosc 2015;81:502-16.
- 2. https://www.asge.org/home/publications/pivis

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